WHAT DO YOUR EYES SAY ABOUT YOU?

A WellVision Exam® from a VSP® network doctor helps detect the signs of chronic conditions like high blood pressure, diabetes, and high cholesterol—along with other eye and health issues.

HERE ARE A FEW KEY ELEMENTS YOU CAN EXPECT DURING AN EYE EXAM

VSP Vision Care | **DELTA DENTAL®**

DeltaVision® in partnership with VSP®

Provide your medical and eye history.
This will help your eye doctor evaluate your risk for vision problems, eye diseases, and other medical conditions.

Expect a little puff of air.
The "puff test"—a common test for glaucoma—measures the fluid pressure inside your eyes. It takes just a quick puff of air in each eye.

What's that letter chart?
This chart with rows of letters in different sizes is called a Snellen chart. It tests how well your eyes can see at a specific distance.

Prepare for a few drops to your eyes.
Dilating drops enlarge your pupils to help detect signs of health conditions. The drops may make your vision temporarily blurry and your eyes sensitive to light.

Which is clearer? One or two?
You'll be asked to view the same letters at different prescription strengths to see which one is the most clear to you. This helps estimate your eyewear prescription.

See the big picture.
Your eye doctor gets a magnified view of the front and inside of your eyes using a slit lamp, or biomicroscope.

Cover the left, then the right.
This tests how well your eyes work together. You will cover one eye and look at an object across the room to determine how your eye moves to see an object.

Learn more at DeltaDentalCT.com/DeltaVision or call 800.877.7195.